

Fulfilling Our Mission

Since 1983, the Neighborhood Counseling Center (NCC) has provided comprehensive mental health services to Brooklyn and surrounding communities. NCC is staffed by a team of social workers and psychiatrists committed to our purpose, and who have demonstrated professional competence and ability in their field.

Your team of providers will individualize a program that addresses your needs. Your program may consist of individual therapy and/or one of our support groups. If appropriate, your partner or family members may be included in our efforts to help you achieve your treatment goals.

Through therapy, your provider will help you identify the issues that are causing you to engage in non-productive or self-defeating behaviors and help you develop the skills to cope and resolve the issues that cause your conflict.

To make your experience at NCC as stress-free as possible, our staff is available on-site to handle your insurance questions and help access your benefits.

NCC is also committed to working collaboratively within the network of local mental health, health care and social service providers to assure that you are adequately linked to the services and resources that you may need.

Adult Programs

NCC is available to offer short-term treatment to clients who are in crisis, as well as those with chronic, long-term issues. Our treatment programs cover but are not limited to the following areas:

- Anxiety and Stress-Related Problems
- Depression
- Adjustment disorders related to loss, divorce, medical illness and other life transitions
- Treatment of Post Traumatic Stress Disorder for victims of sexual trauma, violence, abuse and other traumas.
- Support services for seniors

Individual Therapy

Our individual therapy is tailored to your needs and a therapist will help you address your specific issues.

Couples Therapy

Working with couples, our staff will help you understand the dynamics of your relationship, and find ways to manage the issues that are causing conflict.

Family Therapy

Our staff can work with family members to better understand family dynamics and focus on any specific issues causing conflict and/or stress.

Support Groups

Our groups for seniors, victims of trauma, and emotional eating, and the chronically mentally ill are a chance to talk with others going through similar experiences in a therapeutic, supportive environment.

Children, Adolescents & Young Adults

Children face many learning challenges that often manifest in the educational environment. Attention deficit disorder, behavioral problems, adjustment disorders and issues related to problems at home can interfere with the learning process and cause children a great deal of stress.

At our center, many of our staff specialize in treating children and adolescents. NCC therapists work with students utilizing play therapy and verbal techniques, and will usually involve family and educational professionals to insure a thorough understanding of the child's needs.

Our educational program at a local college focuses on stress management and short term support groups.

Other Services

NCC also offers psychopharmacology services in conjunction with therapy.

We have a strong network of affiliations and referral arrangements to address the widest range of individual and family needs.

Referrals for Psychological testing is available.

We offer day, evening and Saturday hours, as well as a 24-hour answering service for emergency assistance.

Insurance & Fees

Most services are covered by insurance programs, as well as by Medicare & Medicaid. Call us for information on specific coverage.

Self-pay fees are available.

Hours By Appointment

Monday-Friday 9am-9pm

Saturday 9am-4pm

Contact Us

7701 13th Avenue

Brooklyn, NY 11228

Phone: (718) 232-1351

Fax: (718) 837-5676

www.nccny.com

We are Licensed by the
State of New York Office of Mental
Health

NCC
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Brooklyn, NY 11228



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Serving the community since 1983

*We provide high quality,
culturally-sensitive mental health care
to all age groups, and respond to the
mental health needs and concerns of
Brooklyn and surrounding
communities.*